

September 2020

Theme: Music

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Talk about your favorite song. What is it? How does it go?	2 Put on a musical performance!	3 Sing your child awake in the morning.	4 Rhyme Time: Five Green & Speckled Frogs +	5 Practice finding the rhythm in a song. Try clapping or stomping to the beat.
6 Sing the alphabet.	7 Play Music Freeze! Turn on a song to dance to, and randomly pause it. Every time you pause, have your child freeze!	8 Sing <i>Mary Had a Little Lamb</i> . Clap to each syllable as you sing! This helps children understand that words are made from different sounds.	9 Rhyme Time: Here is the Beehive +	10 Choose a book to read that promotes singing or has a song in the story.	11 Imagine you are playing an instrument. What is it? What sound does it make?	12 Sing a song and let your child come up with their own movements.
13 Make your own family band!	14 Rhyme Time: I Had a Little Turtle +	15 Let music play throughout the house.	16 Slow down the speed at which you sing to younger children, so they can make out parts of the words.	17 Go outside! What do you hear? Listen for music in nature. Are birds chirping? Are crickets singing?	18 When it is time to clean, sing a song about it!	19 Write your own song! Help your child write down the lyrics.
20 Sing your name! How many syllables are in your name?	21 Create your own instrument using materials inside or outside your house!	22 Tell your own story through song and dance.	23 Play musical chairs!	24 Think of a random word and come up with a dance for it. Use it throughout the day.	25 Sing a lullaby at bedtime.	26 Do you have any instruments in your house? Experiment with playing them!
27 What kind of music can you make using your body? Can you snap your fingers? Can you clap your hands? What else?	28 Try to learn the words to a new song!	29 Rhyme Time: A Fly is on My Knee +	30 Use egg shakers while singing songs or nursery rhymes. Have your child shake them to the beat.	Literacy Tip: Music in early childhood has a direct link to reading readiness. Try to fit songs into your daily routine. Sing before or during mealtimes, while doing chores, and at bedtime.		

We hope you enjoy completing the daily activities with your child. Here are some suggested books to read this month. Find these great books and more at: gadml.org

+ Rhymes: Jbrary YouTube

Hoopla Titles

- *Make Music!* by Norma Jean Haynes
- *Balletball* by Erin Dionne
- *Musical Instruments* by Maria Koran
- *Guitar for Kids* by Gareth Evans

Tumble Book Titles

- *Once Upon a Breath* by Aaron Zevy
- *Dance of the Violin* by Kathy Stinson
- *The Smurfs & the Magic Flute* by Peyo & Delaporte



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